

*Tidings and worship links are below.*

# The Bell

Monthly News from HUCC Faith Formation Team

March 2021



*Get Your Ticket:* Easter Parking Lot Pageant, April 4th

## ***Lent and Easter:*** **"Season of Discipleship"**

Spring is the time when disciples of all ages "follow" Jesus through the desert and into resurrection life! Our Spring Unit will end on Sunday, May 16th with an end-of-school-year celebration. Disciples look for signs of God's goodness in our peers and neighbors. Many young people are suffering from depression and self-harm, but the good news is that in suffering, there is help and there is hope. Please listen to this powerful short **podcast** by our member and parent **Dr. Cindy Gellner**, on talking to teens about suicide. Our youth group is using activities from *The Self-Compassion Workbook* as well as enjoying plenty of fun social time on Zoom. We look forward to moving outdoors as the weather and COVID continue to improve. To join any of our church programming, please sign up by March 29th **here**.



### Let's Talk... Kids

## Welcome Pastor Brent

We have a new Senior Pastor from Ohio! Soon you will get to meet him at church. Let's see if you have anything in common with our new church leader. Pastor Brent loves books and baseball. His wife Valerie is a Spanish teacher who knows American Sign Language. She is an athlete who has run three marathons! Their twin daughters, Tess and Hope, are 22 years old. They love the theater and comedy. Other family interests include music, going to museums, buying antiques, and watching movies. They have a dog named Olive, adopted from a shelter. How many things did you find out you have in common?



### Let's Talk... Adults

## Penpal Service Project

Many of us have missed the opportunity to be around children during this past year. As a way of sharing their joyful spirit, the preschool and grade school children in Sunday School will be starting a new pilot project for mailing cards to HUCC grownups. They will be given the names and addresses of adults who would like to receive a card with a short note or a drawn picture from a child. After the adult receives the card, writing back is completely optional. If you are interested in participating in this fun way of connecting with our young people, please contact Chelsea or Becky Burrage at [keithbecky@gmail.com](mailto:keithbecky@gmail.com).

## At-Home Activities for Lent and Black History Month



### Pray

Children's Chatter Nan Sturgeon encourages children "not to live by bread alone" but by daily prayer, with a cute bread craft for Lent.

### Read

Pastor Chelsea reads The Day You Begin by Black author Jacqueline Woodson, a book for Black History Month about finding belonging.

### Give

The number of homeless individuals continues to skyrocket in Salt Lake City. Food

donations are needed most for these clients, who are currently the super-majority of those served by Crossroads. You can download this list [here](#). Thanks! Linda Hilton

# Lenten Grocery List

## for Crossroads' Homeless Clients

Third Sunday in Lent  
#1 need- Saltine Crackers!

Fourth Sunday in Lent  
Ready-to-eat Ravioli/Pasta

Fifth Sunday in Lent  
Pull-tab Beef Stew/Canned Chili

Palm Sunday  
Pull-tab Spam, Sardines, Tuna Pack

Maundy Thursday  
Granola Bars/Snack Cookies

Good Friday  
Sports Drinks/Juice Boxes

Easter Sunday  
Creamy Peanut Butter

### Applauding our Chatters

*Who are those friendly faces in worship who talk to our kids every Sunday? We have the best team of children's preachers at HUCC, and we are looking for more volunteers to record 3-minute children's messages for the summer while Pastor Chelsea is on parental leave. Big thanks to Pam, Bill, Trent, Tom, Nan, Kerry, Shelley, Jan, Ruby O, Ruby H, Linda, Steve, and of course our nursery provider Michelle Weeks, who teaches our kids on Sundays after worship. Why not give it a try?*

